

# PICKLEBALL LEVELS



Use this following tool to conduct a self-assessment using the following level definitions to help you register for the correct Open Play, Drop-In, League, or Program.

## NOVICE

### 1.0-2.5

You're past the beginner stage and have played a few times. You know how to keep score, understand serving positions, and can successfully serve the ball four out of 10 times and hit the ball back. If you have been assessed as a Novice tennis player, this level will suit you.

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### 2.5-3.0:

You're at a high Novice level. You're more confident in hitting the ball out of the air, hitting ground strokes, and blocking shots.

## INTERMEDIATE

### 3.0-3.5:

You're generally considered intermediate. You're not as afraid of the non-volley zone and have an impetus to enjoy getting closer to the net. You start exploring different shots, such as sideline shots and lobs — perhaps even attempting a dink here and there. If you have been assessed as an Intermediate tennis player, this level will suit you.

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### 3.5-4.0:

You're generally considered to be at a high intermediate level. You are comfortable and confident with ground strokes, you hit the ball hard, you want to get to the non-volley zone line and are attempting to do a third shot drop. Your ability to manipulate and slow down the game increases.

## ADVANCED

### 4.0-4.5:

You know where you want to hit the ball and are directionally intent — and you get it there about 60 percent of the time. You can easily serve successfully eight out of 10 times. You're able to execute a third shot drop and a reset shot about 50 percent of the time. If you have been assessed as an Advanced tennis player, this level will suit you.

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### 5.0-5.5:

You're able to perform a third shot drop and a reset about 80 to 90 percent of the time.

\*Please assess yourself as accurately as possible to ensure that each player receives a quality experience through RSC Pickleball programming. RSC Pickleball staff reserve the right to remove/move a player from an Open Play, Drop In, Program, or league if they don't belong to the proper level.