

| Date | Time | Team | vs | Team | Category | Rink |
|-----------|------|--------------|----|----------|----------|------|
| 30-Jul-20 | 7:00 | Mighty Ducks | | Spartans | Women's | 2 |
| | 8:00 | Nordiks | | Rebels | Women's | 2 |
| 06-Aug-20 | 7:00 | Rebels | | Spartans | Women's | 2 |
| | 8:00 | Mighty Ducks | | Nordiks | Women's | 2 |
| 13-Aug-20 | 7:00 | Spartans | | Nordiks | Women's | 2 |
| | 8:00 | Mighty Ducks | | Rebels | Women's | 2 |
| 20-Aug-20 | 7:00 | Mighty Ducks | | Spartans | Women's | 2 |
| | 8:00 | Nordiks | | Rebels | Women's | 2 |
| 27-Aug-20 | 7:00 | Rebels | | Spartans | Women's | 2 |
| | 8:00 | Mighty Ducks | | Nordiks | Women's | 2 |
| 03-Sep-20 | 7:00 | Spartans | | Nordiks | Women's | 2 |
| | 8:00 | Mighty Ducks | | Rebels | Women's | 2 |
| 10-Sep-20 | 7:00 | Mighty Ducks | | Spartans | Women's | 2 |
| | 8:00 | Nordiks | | Rebels | Women's | 2 |