



RIDEAU SPORTS CENTRE
CENTRE SPORTIF RIDEAU

MULTI-SPORT • TENNIS • YOGA • RESTAURANT • MASSAGE

Adult Open House

Friday, September 7th

7:00am-11:00pm **FREE** Access to Fitness Centre

9:45am-10:45am **FREE** Hatha Yoga Class

12:00pm-2:00pm **FREE** Drop-In Pickleball

11:30am-10:00pm The Clubhouse Restaurant - **Fish'N'Chip Friday Special - \$15**

7:00pm-8:30pm **FREE** Adult Drop-In Sports (Volleyball, Basketball, Soccer)

7:00pm-8:00pm **FREE** Adult Tennis - Program Sampler

7:00pm-8:00pm **FREE** Yoga class + **Wine Special** (\$16 Half Litre Wine)

Family Open House

Saturday, September 8th

8:30am-9:15am **FREE** Children's Tennis - Program Sampler

8:30am-9:15am **FREE** Adult Tennis - Program Sampler

9:15am-10:00am **FREE** Children's Multi-Sport - Program Sampler

10:00am-11:30am **FREE** Family Drop-In Sports - Open Gym Time

11:00am-3:00pm The Clubhouse Restaurant Lunch - **FREE** Kid's Ice Cream Cup

1:30pm-2:15pm **FREE** Family Yoga (Parents & Children)

Ottawa's Newest Sport and Wellness Facility!

1 Donald St. Ottawa, ON

613-749-6126

www.rideausportscentre.com